

# Christ the King Catholic School

A Sunsmart School

92 Greers Road, Burnside, Christchurch 8053, NZ  
Web: www.christtheking.school.nz



# Newsletter 2010

Telephone: 03 358-2708, Facsimile: 03 358-7871  
Email: admin@christtheking.school.nz

## Term 2 Week 5 – 20 May 2010

### COMING EVENTS:

Fri 21 May Junior school swimming  
Wed 26 May Zone cross country  
Fri 28 May Junior school swimming  
Sun 30 May Junior School Mass 9am  
Mon 31 May – Wed 2 June Talent Quest  
Fri 28 May Friday Winter sports starts (Y5-8)  
Fri 4 June Junior school swimming  
Mon 7 Jun Queen's Birthday; School closed  
Wed 9 June Centrals cross country  
Wed 9 June NSW Science  
Mon 14 June Primary schools' gymnastics competition  
Wed 16 June Board of Trustees meeting  
Tues 22 June Music Festival - choir  
Tues 22 June NSW Writing  
Wes 23 June NSW Spelling  
Sun 27 June Middle School Mass  
Mon 28 June Marae visit; Middle School  
Fri 2 July Last day Term 2  
Mon 19 July 1<sup>st</sup> day Term 3  
Fri 30 July New parent morning tea 10.30am  
Fri 24 Sept Last day Term 3  
Sun 31 Oct CTK School Fair

### FROM THE PRINCIPAL:

Dear Parents/Guardians, Friends of the School,

Thanks for providing the tasty and nutritious shared lunch yesterday to help celebrate Catholic Schools Day. The quality and quantity of the food was well received by the children and the families that joined us for lunch. Earlier in the day 10 students and 3 staff members attended a Mass at the Basilica celebrated by Bishop Barry Jones to mark the occasion, followed by a morning tea.

All Catholic primary and secondary schools were in attendance, as well as a group of 25 Australian principals from Victoria who were extremely impressed by the way we marked the occasion. We hosted half of these principals at Christ the King today, so they could observe how we deliver our curriculum.

Last night the BOT welcomed our new trustees, Hilary Muir, John Parish, Sharon Quirke and Geraldine McCormack onto the board as they were able to experience their first meeting as one of the governors of our school. Geraldine has been appointed by the Bishop to take over the Proprietors Representative position made vacant at the time of the elections. Rebecca Methven has been elected as BOT Chairperson, the role she filled prior to the elections, while Michael Wilkes continues in his role as Treasurer. Chris Cranefield, Robert de Roo and Fr John Adams complete the list of Proprietors Reps, with Eddie Norgate again representing the staff.

At last night's BOT meeting a discussion took place regarding the amount of money currently owed to the school. Invoices were sent out last week, with the sum of money owed standing at \$25 006.98. This is unusually high, in fact the figure at this time of year is normally around \$10 000. Your invoices will itemise each entry and you will see that the vast majority of these costs are for actual activities. We have now paid for these services and need to recoup the money into our operational account.

We realise that with the current recession many families are finding it extremely tight, however, the school also has to meet its commitments in regard to paying our accounts. It would be greatly appreciated if these accounts could be paid as soon as possible or part payment arrangements made. Thanks for your co-operation with this.

Have a good week.

Mike Bonisch  
Principal



**PRINCIPAL'S AWARDS:** Josie Persico, Michael Sullivan, Toby McMillan, Gemma Doocey, CJ Northmore, David Zingel, Zac Presland, Molly Graham, Flynn Everest, Matthew Mercer, Nicolas Mennie, Elliott Cranefield, Emma Maye, George Yates, James Cranefield.

**KIDS' LIT QUIZ:** This year we had two teams competing: Alaric Stone, George Chambers, Isaac Daly and Amanda Meuldijk were in one team and Rebekah de Roo, Fergus Wilkes, Jimmy Brodie and Theodore Tan were in the other, with Craig Copeland and Tyler Grober as reserves. They were young teams competing this year, and will take their experience into the competition next year. The teams finished a commendable 23<sup>rd</sup> and 31<sup>st</sup> out of 46 teams.

**TOWEL ROSTER:** Sarah Burns, Katrina McLintock

**BIKE SECURITY:** We have had two bikes stolen from our bike stand. Please be aware that we cannot guarantee their safety, and we ask that bikes, especially the bigger bikes, be padlocked for safety.

**SECURITY OF VALUABLES/SMALLER ITEMS:** Any valuables or important smaller items such as cellphones, wallets, money, keys, iPods should be handed into the office in the morning for safekeeping.

**SOCKS! SOCKS! SOCKS!** Sports socks are still available from the school office for \$7.

**PIANO LESSONS:** Excellent, experienced teacher available. Limited places remaining. Please collect a notice from the school office.

**RED SOX:** Red Sox are sold in support of the Sir Peter Blake Trust. Until Friday 28 May, we are offering the opportunity to order the Sir Peter Blake Trust red socks or lapel pin through the school office for a donation of \$2. The socks come in three sizes: adult (size 6-10) child (size 3-5) and kindergarten size. Please bring your \$2 to the office, and use the envelope system to tell us the name, room number whether you are ordering a lapel pin or socks, and which size.

Please note that the lapel pins may be worn on Red Sox Day (Friday 2 July) however the red sox will not be allowed with school uniform.

**PARENT COUNCIL NEWS:**

**Sausage Sizzle Tomorrow** Sausage and Bread \$1.50, and Chocolate Milk in a Carton \$1.50.

Remember to order your sausage and milk before school starts.



**Mufti Day Next Wednesday, 26th May.**

Instead of a coin donation, we ask that everyone bring one **toiletry item**. These items will be made into hampers for the school Fair.

Suitable toiletries would range from everyday items, like shower gel or toothpaste, through to luxury items, like hand creams or bath bombs. There will be a collection box in each classroom.

**PARISH NEWS:**

**First Reconciliation & First Holy Communion Update** Next Sunday 30th May, at any of the Masses (including Saturday 29th May) those enrolled in the First Reconciliation and the First Holy Communion program will receive a copy of the "Our Father."

**Also a reminder that lessons 4, 5 and 6 are due in for marking by Monday 31st May** at the latest. Please place your completed lessons in the yellow box in the school office, or post in the office slot in the church foyer.

Please don't hesitate to contact Geraldine should you have any queries, ph 351-5800.

**COMMUNITY NEWS:**

**Philippine Festival Celebration:** 19 June. 12noon-3pm Food display and for sale, St Theresa's Hall. 4pm Cultural Show Ngaio Marsh Theatre, USCA Building, 90 Ilam Rd, Riccarton. Ticket \$10. For information contact Serge 021-021-0210 or Violy 021-157-5297.

**CISV (Children of International Summer Villages)** The Christchurch Chapter chapter is seeking applications from interested 11 year olds to represent NZ with a delegation to the Philippines International Youth Camp in Dec/Jan2010. Please view our website [www.cisv.org](http://www.cisv.org), contact the secretary on 3321411 or email [secretary.chc@nz.cisv.org](mailto:secretary.chc@nz.cisv.org).

**KidsFest Brochure:** A copy of the KidsFest brochure will be going home with your school newsletter today.



**Primary and Intermediate Ski Race** This year the Primary & Intermediate Ski Race is being held at Mt

Cheeseman Ski Area on Sunday 22nd August. Any queries can be directed to the Cheeseman Office: [office@mtcheeseman.co.nz](mailto:office@mtcheeseman.co.nz).

**The Womens' Refuge Annual Appeal** this year occurs in the week 19-25 July and a street appeal collection will run both on the Friday 23<sup>rd</sup> and Saturday 24<sup>th</sup> July throughout Christchurch and in Rangiora. We will look to fill slots from 8:30am-5:30pm in the central city (Friday 23) and from 9am-4pm in malls (both days). If you would like to help as a collector, or with administration and co-ordination in the office on the appeal days, then please call 353-7406 or email [enquiries@womensrefuge.co.nz](mailto:enquiries@womensrefuge.co.nz).

**Spy Games Holiday Programme** Come along to the Air Force Museum's July school holiday programme "Spy Games" For ages 5-12 years. 5-9 July and 12-16 July 8.30am-12:30pm (4hr \$25 per day) or 8:30am-3.00 pm (6.5hr \$35 per day or \$170 per week.) Book today on 343-9504 or email [programmes@airforcemuseum.co.nz](mailto:programmes@airforcemuseum.co.nz).

**Information from the Ministry of Health  
'It's Easy to Protect Your Smile'**

**Healthy Food Healthy Teeth**

Having a healthy diet is not only important for our nutrition but also for our dental health. It is important to consider both aspects when choosing what to eat.

**TOOTH DECAY IS PREVENTABLE**

- Brush teeth twice a day using a fluoride toothpaste
- Choose water or milk first

**LOOKING AFTER TEETH ISN'T JUST ABOUT BRUSHING.** The kinds of food we eat can affect acid levels in our mouths and cause decay. The more often your child eats sweet food and drinks – like lollies, cakes and biscuits, fruit juice and fizzy drinks – the more likely they are to get holes in their teeth.

If you give your child sweet foods and drinks, it is best to do so only occasionally (less than once a week) at meal times. Saliva is the body's natural defence against tooth decay- constantly replacing the minerals in teeth and washing away acids. To give saliva a chance to work, limit the number of times your child eats throughout the day.

- Eating three meals and two snacks each day is best
- Give teeth a rest from sugar
- Try to offer healthy snacks between meals

**A GLASS OF SOMETHING** Get your child to drink a glass of water after having a sweet drink. Even though diet drinks (such as diet cola) do not contain sugar they are very acidic and they can cause erosion of your child's teeth. The best drinks for your child's teeth are water and milk. Save sweet drinks for meal times (if at all), and use a straw. Encourage your child to choose water – it's fresh and free!

**TEETH FRIENDLY SNACKS** Bread, Cheese, Raw vegetables, Unsweetened and unsalted popcorn, Nuts Yoghurt.

For more information visit [www.letstalkteeth.co.nz](http://www.letstalkteeth.co.nz).